# 2020
# WEALLCOUNT
## *Report*

# 2020 Point-in-Time Count Results

The Point-in-Time (PIT) Count is conducted annually in San Diego County during the last week of January. As a community we do a physical count of all people experiencing homelessness who are living in emergency shelters, transitional housing, safe havens and on the street , vehicles, encampments or parks on a single night.  The count is a snapshot of homelessness on a single night and provides a base or minimum number of those experiencing  homelessness in our region. In 2019, the methodology was updated  to a more engaged count and people were surveyed where they are experiencing homelessness on the night of the count. There were no additional changes to the methodology for the 2020 PIT.
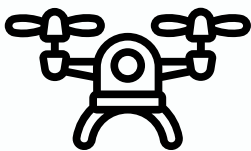
## Elements of the 2020 Count

**Introduction of a mobile app that  enabled volunteers to write notes on surveys and for the data to be seen in real time during the count.**

**+**
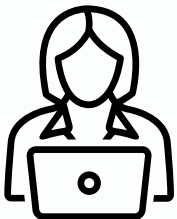
**301 trained outreach staff that led teams of volunteers and engaged people where they were experiencing homelessness the night of the count.**

**+**

**Increased used of drones and thermal imaging to help target hard to reach areas so that outreach staff could find people more efficiently.**

**+**

**Community engagement with 1782 volunteers, of which 562 were County staff members.**

**+**

**Housing Inventory Count  (HIC) updated and entered by providers that provided beds and units dedicated to serving persons who are homeless.**

# 2020 Regional Homelessness Count

|  | 2019 | 2020 | % Change from 2019 |
|---|---|---|---|
| UNSHELTERED | 4,476 | 3,971 | -11% |
| SHELTERED | 3,626 | 3,687 | +2% |
| TOTAL HOMELESS | 8,102 | 7,658 | -5% |

## Subpopulation: Total of Sheltered and Unsheltered

|  | 2019 | 2020 | % Change from 2019 |
|---|---|---|---|
| Veterans | 1,068<br>Sheltered= 644<br>Unsheltered= 424 | 940<br>Sheltered= 623<br>Unsheltered= 317 | -12% |
| Chronically Homeless | 1,712<br>Sheltered= 747<br>Unsheltered= 965 | 1,519<br>Sheltered= 854<br>Unsheltered= 665 | -11% |
| Families | 461*<br>Sheltered= 375<br>Unsheltered= 86<br><br>*total individuals 1,419 | 381*<br>Sheltered= 366<br>Unsheltered= 15<br><br>*total individuals 1,216 | -17% |
| Unaccompanied Youth | 614<br>Sheltered= 209<br>Unsheltered= 405 | 513<br>Sheltered= 216<br>Unsheltered= 397 | -16% |

NORTH COUNTY INLAND
8%

NORTH COUNTY
COASTAL
8.3%

EAST COUNTY
13.4%

CITY OF SAN DIEGO
64.1%
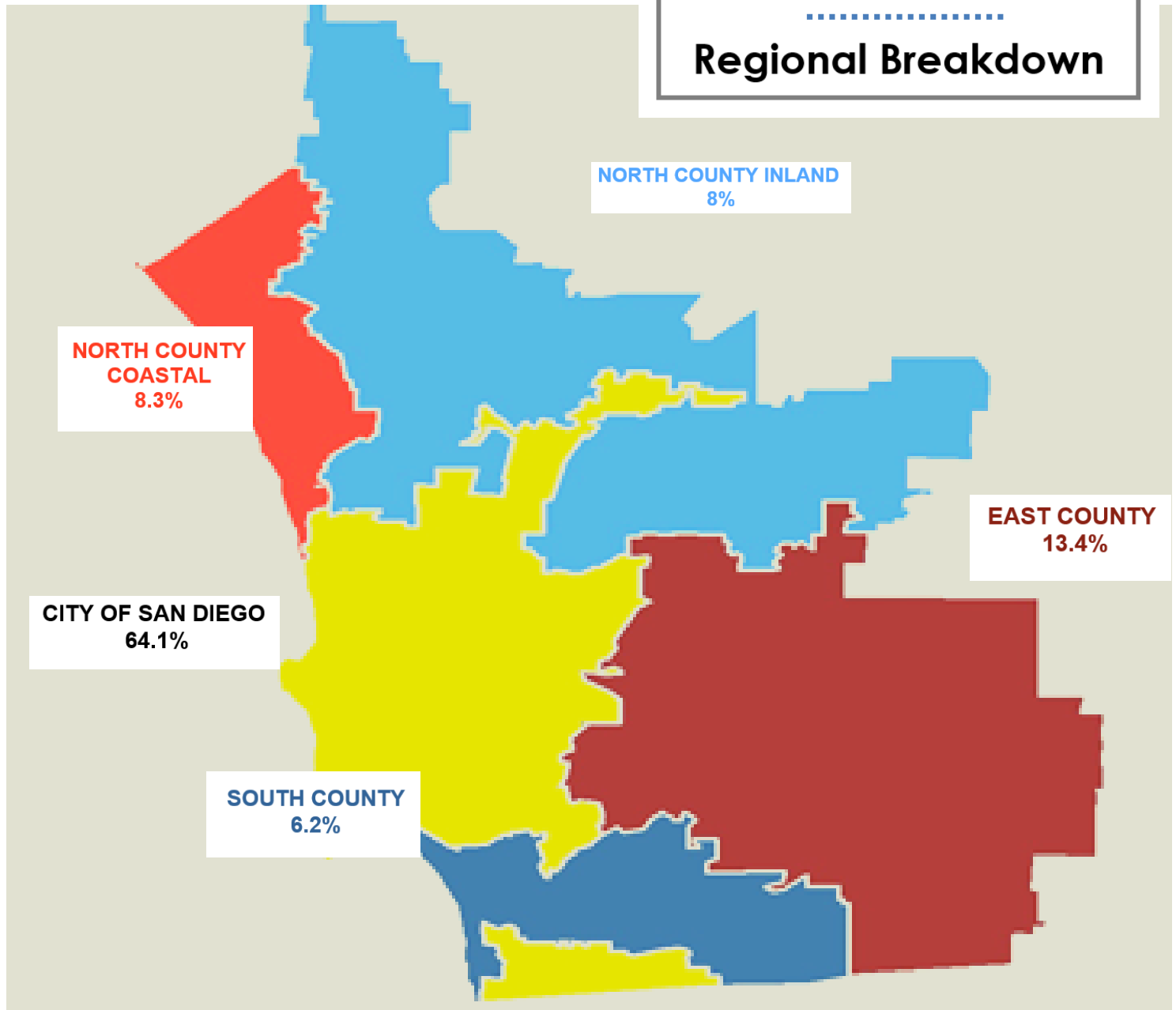
SOUTH COUNTY
6.2%

| COUNTY REGION | Homeless Persons | | | | |
|---|---|---|---|---|---|
| | Sheltered | Unsheltered | Total | % by Region | % Change |
| **City of San Diego** | 2,604 | 2,283 | 4,887 | 64.1% | **-3.8%** |
| **North County Inland** | 214 | 389 | 603 | 8.0% | **-20.9%** |
| **North County Coastal** | 252 | 383 | 635 | 8.3% | **-16.9%** |
| **South County** | 104 | 369 | 473 | 6.2% | **+10.5%** |
| **East County** | 474 | 547 | 1,021 | 13.4% | **-4.2%** |
| **TOTAL** | **3,648** | **3,971** | **7,619** | **100%** | **-6%** |
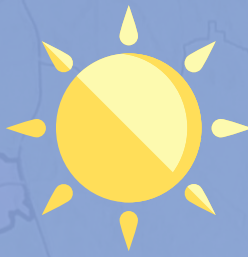
# Regional Breakdown by City

| City | Sheltered | | | | 2020 Unsheltered Total Unsheltered | 2019 Unsheltered Total Unsheltered | 2019-2020 Unsheltered Change % Change | 2020 Total Total | 2019 Total Total | 2019-2020 Overall Change % of Total |
|---|---|---|---|---|---|---|---|---|---|---|
| | ES | TH | SH | Total | | | | | | |
| San Diego City | 1,759 | 809 | 36 | 2,604 | 2283 | 2600 | -12.2% | 4,887 | 5,082 | -3.8% |
| Carlsbad | 53 | 0 | 0 | 53 | 94 | 102 | -7.8% | 147 | 161 | -8.7% |
| Chula Vista (Sweetwater) | 36 | 65 | 0 | 101 | 212 | 242 | -12.4% | 313 | 321 | -2.5% |
| Coronado | 0 | 0 | 0 | 0 | 16 | 1 | 1500.0% | 16 | 1 | 1500.0% |
| El Cajon | 162 | 312 | 0 | 474 | 310 | 298 | 4.0% | 784 | 787 | -0.4% |
| Encinitas (San Deiguito, Solana Beach & Del Mar) | 25 | 8 | 0 | 33 | 47 | 79 | -40.5% | 80 | 120 | -33.3% |
| Escondido (NC Metro & Hidden Meadows) | 102 | 52 | 11 | 165 | 264 | 241 | 9.5% | 429 | 350 | 22.6% |
| Imperial Beach | 0 | 0 | 0 | 0 | 16 | 12 | 33.3% | 16 | 12 | 33.3% |
| La Mesa | 0 | 0 | 0 | 0 | 52 | 46 | 13.0% | 52 | 46 | 13.0% |
| Lemon Grove | 0 | 0 | 0 | 0 | 18 | 35 | -48.6% | 18 | 35 | -48.6% |
| National City | 0 | 3 | 0 | 3 | 125 | 94 | 33.0% | 128 | 94 | 36.2% |
| Oceanside | 35 | 131 | 0 | 166 | 242 | 290 | -16.6% | 408 | 483 | -15.5% |
| Poway | 0 | 0 | 0 | 0 | 15 | 9 | 66.7% | 15 | 9 | 66.7% |
| San Marcos | 0 | 0 | 0 | 0 | 8 | 46 | -82.6% | 8 | 46 | -82.6% |
| Santee | 0 | 0 | 0 | 0 | 25 | 35 | -28.6% | 25 | 35 | -28.6% |
| Vista (Bonsall) | 49 | 0 | 0 | 49 | 51 | 122 | -58.2% | 100 | 296 | -66.2% |
| **Unincorporated** | | | | | | | | | | |
| Alpine (Crest-Dehesa) | 0 | 0 | 0 | 0 | 1 | 10 | -90.0% | 1 | 10 | -90.0% |
| Fallbrook | 0 | 0 | 0 | 0 | 51 | 61 | -16.4% | 51 | 61 | -16.4% |
| Lakeside | 0 | 0 | 0 | 0 | 24 | 72 | -66.7% | 24 | 72 | -66.7% |
| Ramona | 0 | 0 | 0 | 0 | 20 | 14 | 42.9% | 20 | 14 | 42.9% |
| Spring Valley (Casa de Oro) | 0 | 0 | 0 | 0 | 97 | 67 | 44.8% | 97 | 67 | 44.8% |
| **TOTAL** | **2,221** | **1,380** | **47** | **3,648** | **3,971** | **4,476** | **1.0%** | **7,619** | **8,102** | **-6.0%** |

# Sheltered: Housing Inventory Count (HIC)

## Bed Inventory the Night of the Count

This chart provides an overview of changes in the number of total beds/units for homelessness-dedicated housing interventions such as Emergency Shelter (ES), Rapid Re-Housing (RRH), Transitional Housing (TH), and Permanent Supportive Housing (PSH).
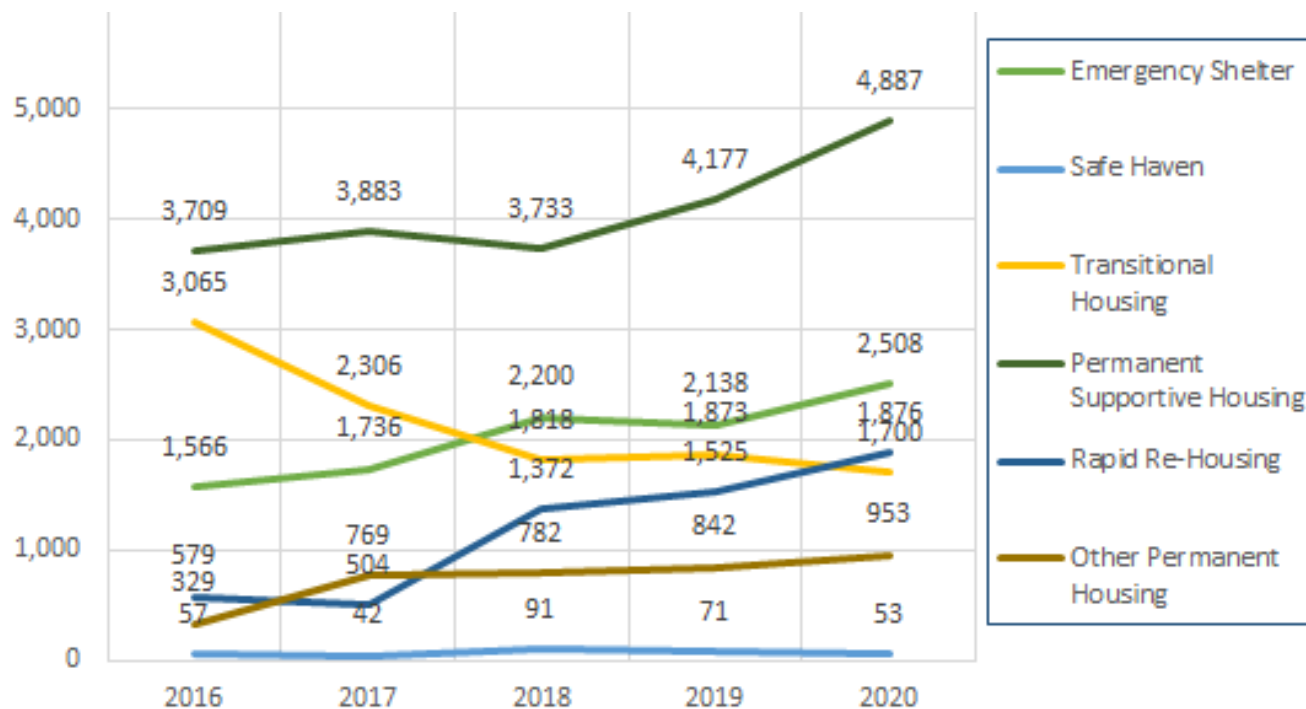


## Utilization Rates the Night of the Count

Utilization rates are based on the total number of beds available in San Diego County and the percentage of those beds that are in use the night of the Point-in-Time Count. The percentages below show a snap shot of how effectively shelter programs are matching people with beds on any given night.

| Year | Emergency Shelter | Safe Haven | Transitional Housing | Permanent Supportive Housing | Rapid Re-Housing | Other Permanent Housing |
|---|---|---|---|---|---|---|
| 2016 | 71% | 89% | 80% | 87% | 100% | 45% |
| 2017 | 90% | 10% | 82% | 87% | 100% | 32% |
| 2018 | 89% | 70% | 87% | 85% | 100% | 91% |
| 2019 | 86% | 88% | 89% | 86% | 100% | 91% |
| 2020 | 92% | 89% | 77% | 81% | 100% | 93% |
| Acceptable Utilization Rates* | 75%-105% | | 80%-105% | 85%-105% | | |

*As determined by HUD's recommended methodology.
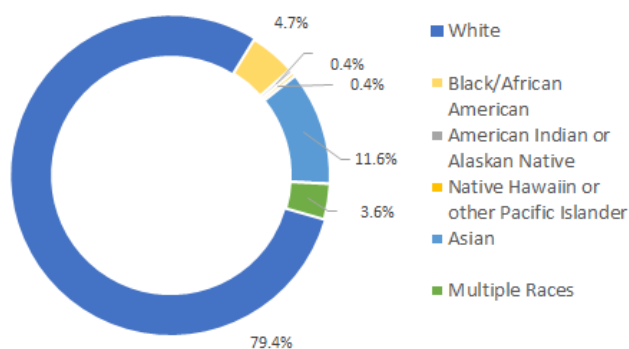
# Unsheltered Demographics: Race and Ethnicity

When comparing the homeless population to the general population it is evident that racial disparities exist. The most striking disproportionality can be found among Black/African Americans, who make up 21 percent of the homeless population despite only representing 4.7 percent of the general population.

Hispanics make up a significant share of the general population in San Diego at 34 percent but notably they make up only 28 percent of the homeless population.

## *RACE*

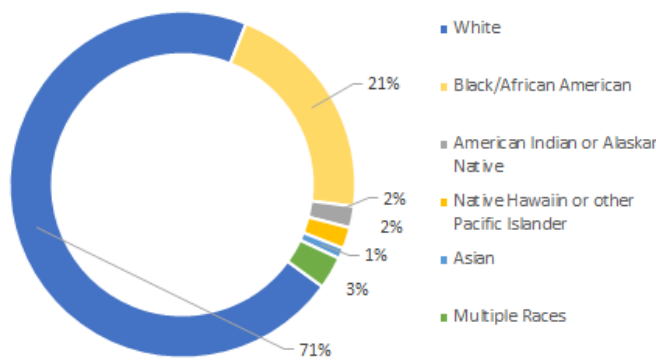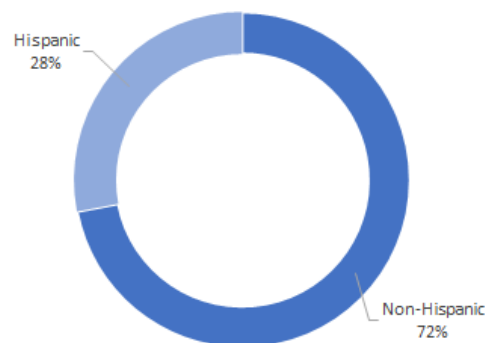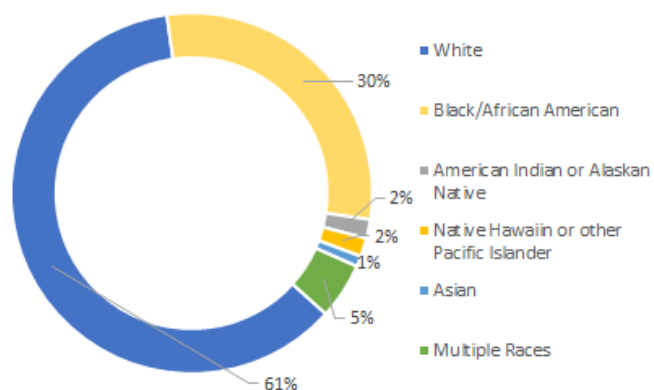## *ETHNICITY*

### General Population *



4.7%
0.4%
0.4%
11.6%
3.6%
79.4%

- White
- Black/African American
- American Indian or Alaskan Native
- Native Hawaiin or other Pacific Islander
- Asian
- Multiple Races

### General Population *



Hispanic 34%
Non-Hispanic 66%

### Unsheltered Homeless Population



21%
2%
2%
1%
3%
71%

- White
- Black/African American
- American Indian or Alaskar Native
- Native Hawaiin or other Pacific Islander
- Asian
- Multiple Races

### Unsheltered Homeless Population



Hispanic 28%
Non-Hispanic 72%

### Sheltered Homeless Population



30%
2%
2%
1%
5%
61%

- White
- Black/African American
- American Indian or Alaskan Native
- Native Hawaiin or other Pacific Islander
- Asian
- Multiple Races

### Sheltered Homeless Population



Hispanic, 30%
Non-Hispanic, 70%
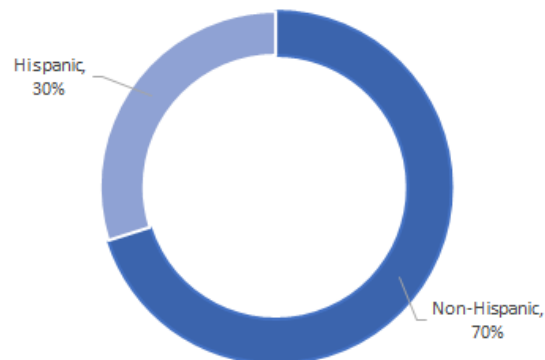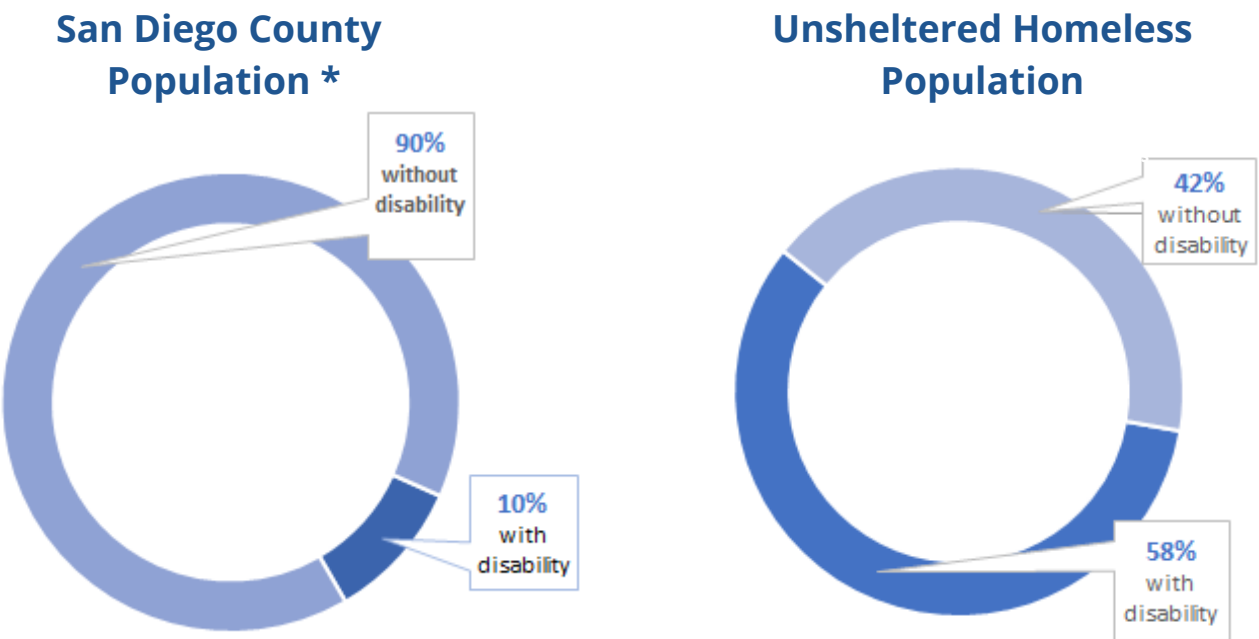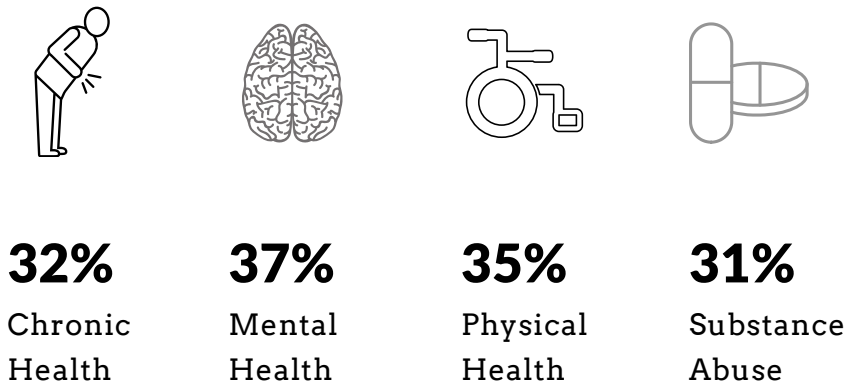
*U.S. Census Bureau; 2014-2018 American Community Survey 5-Year Estimates, Table S1810

# Unsheltered Demographics: Health Disparities

Individuals with disabilities including chronic illness, physical disabilities, learning and developmental disabilities, and mental health and substance use disorders are overrepresented in San Diego's unsheltered population. Disabilities can pose challenges for individuals seeking to access and remain stable in housing, find employment, and perform activities of daily living.

### San Diego County Population *

90% without disability

10% with disability

### Unsheltered Homeless Population

42% without disability

58% with disability

**58%** of San Diego's homeless population reports having a disability. Of those...

**32%** Chronic Health

**37%** Mental Health

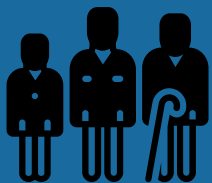**35%** Physical Health

**31%** Substance Abuse

# Subpopulation:
# **Veterans**

17% of people living in shelters the night of the count were veterans

9% of unsheltered veterans are female. Of the 29 females counted: 11 are 62+ years old, 21 have a chronic disability, and 5 are fleeing domestic violence

28% of unsheltered veterans were born in 1958 or earlier. This group (those 62 and older) makes up the highest percentage of veterans not in shelter

27% of unsheltered veterans identify as Black or African American
24% of sheltered veterans identify as Black or African American

29% of veterans, both sheltered and unsheltered, are chronically homeless

# youth count

The week-long youth count was focused on street outreach utilizing youth service providers. During this count, 659 youth were counted and took the youth survey. Of those youth, 146 were unstably housed. 30% of the time this meant they were couch surfing. 25 of the 146 unstably housed youth stated that they were formally in foster care, compared to zero of the sheltered and unsheltered youth who took the survey.

| Breakdown | Under 18 | 18-24 | Total | % Change from 2019 |
|---|---|---|---|---|
| Unsheltered | 18 | 279 | 297 | -27% |
| Sheltered | 24 | 192 | 216 | 3% |
| HUD Totals* | 42 | 471 | 513 | -16% |
| Unstably Housed | 55 | 91 | 146 | |
| Total** | 97 | 562 | 659 | |

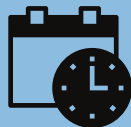*HUD totals include the total of unsheltered and sheltered youth
**Total includes the summation of unsheltered, sheltered, and unstably housed youth

## Youth Count Demographics

**12%**
Reported having a mental health issue

**41%**
Reported being homeless for a year or longer

**35%**
of 18-24 year olds are attending school

**14%**
Reported exchanging sexual acts as a commodity*

**31%**
Have been to jail or prison

*Reported exchanging sexual acts for money, drugs, food, place to stay, clothing, or protection

# Sexuality and Gender Identity

As part of the youth survey process, youth were asked this question on sexuality:
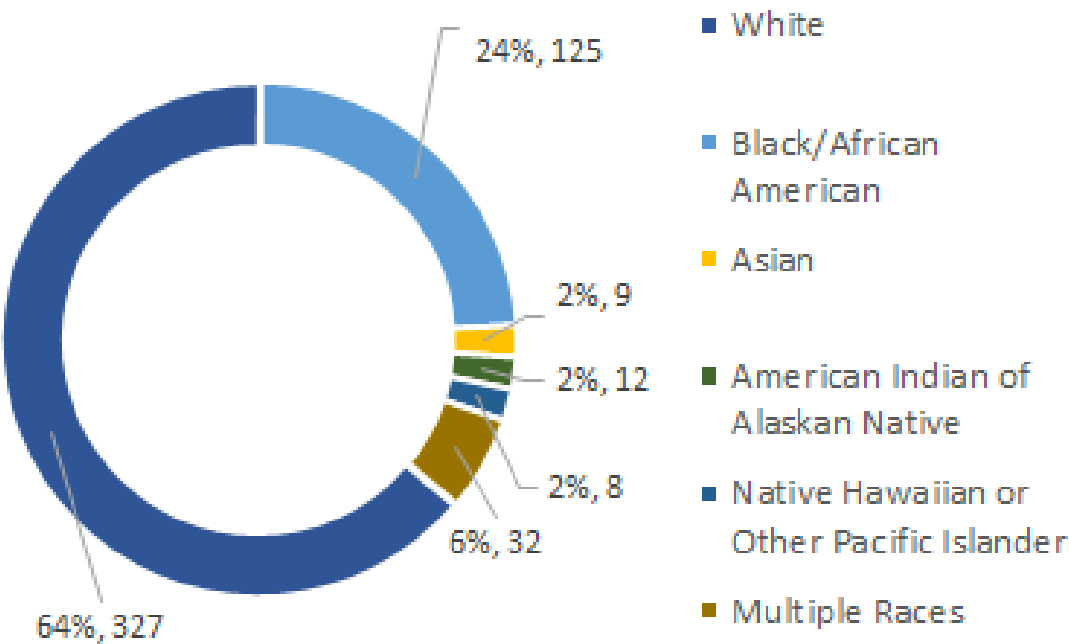**"How would you best describe your sexuality?"**
Youth provided 11 different responses in descending order to the question:
Heterosexual/Straight, Bisexual, Gay or Lesbian, Heterosexual/Straight but somewhat
attracted to the same sex, Other, Pansexual, Refuse to Answer, Don't Know, Questioning,
Asexual and Gay or Lesbian but somewhat attracted to the opposite sex.

> "I was kicked out due to coming out to my parents as being gender fluid.
> My parents are very religious and kicked me out from home."

In asking youth about gender we found that, compared to the general unsheltered
population, unsheltered youth are more likely to identify as female, transgender, or gender
non-conforming.

## RACE: Unaccompanied Youth

Consistent with the general count, we found that Black or African American youth are disproportionately experiencing homelessness



- White
- Black/African American
- Asian
- American Indian of Alaskan Native
- Native Hawaiian or Other Pacific Islander
- Multiple Races

24%, 125
2%, 9
2%, 12
2%, 8
6%, 32
64%, 327

> There are 46 homeless parenting youth households ages 18-24.  In those
> households there are 67 children. 45 of those parents are female and 15 of
> them are Black/African American.

# Unsheltered Seniors (55+)

**Of those 55+ years old who completed the unsheltered survey:**

**55%**
reported having a physical disability

**88%**
became homeless in San Diego

**43%**
stated they were homeless for the first time

**54%**
were sleeping on the street or sidewalk

**50%**
reported having a chronic health condition

**19%**
have been homeless 4 or more times in the past 3 years

**58%**
have been homeless for less then one year in the past three years

**22%**
were sleeping in a vehicle

## Additional Concerns:

**27%** of those unsheltered were 55+ years old

**24%** of those in shelter on a given night are 55+ years old (as shown by HMIS data)

**12%** of those 55+ are chronically homeless and unsheltered

**24%** of unsheltered 55+ years old are Female

# Incarceration and Homelessness:

Beginning in 2017, the RTFH began collaborating with the San Diego County Sheriff's Department to survey individuals residing in jail on the night of the count. On that night, 1,017 inmates, representing 19% of the total jail population, were asked, "Where did you sleep the night before you were arrested?"

**25%** — **Reported that they were experiencing homelessness at the time of their arrest**

**27%** * — **Identified as being Black/African American**

**37%** * — **Have been experiencing homelessness for 12 months or longer**

**84%** * — **Became homeless in San Diego County**

**19%** * — **Were currently employed or in school at the time of arrest**

*Total is representative of the 25% of those that were experiencing homelessness at the time of their arrest.

# Thank you!

San Diego's annual WeAllCount would not be possible without the incredible support of our many volunteers. This year over 1,700 people, including 300 outreach workers and 562 county staff members, showed up at 4:00 am on January 23rd prepared to engage and count our homeless neighbors. The count is truly a regional effort, it takes the coordination of all 18 cities across the county. Cities provided 35 spaces to deploy the count, staff to support the 3 days of counting, and in some cases, the use of their drones and helicopters to make the count more efficient. A special thank you to Downtown San Diego Partnership for successfully coordinated the VIP count for downtown San Diego. The downtown site provided our elected officials, including Governor Newsom and Mayor Faulconer, the opportunity to volunteer on the morning of the count. RTFH would like to acknowledge that this is a yearlong effort and that the support of our board members and service providers region-wide is what makes the count successful.

**Save the date:**
**#WeAllCount**
**January 21, 2021**

SAN DIEGO
**Regional Task Force**
**on the Homeless**